

## Care and Support Worker

### Person Specification

#### Essential Criteria

1. An awareness of the needs of older, disabled people.
2. Able to work unsupervised.
3. Good communication skills.
4. Must be patient and have a caring attitude towards people.
5. Basic knowledge and understanding of home safety, personal hygiene and food hygiene.
6. Have a genuine interest in assisting people to maintain their independence.
7. Be able to work in a non judgmental way.
8. Ability to complete simple written tasks
9. Have access to own transport.

#### **Desirable Criteria**

1. Be able to be flexible in hours of work.
2. Previous experience of caring for others.