

## Can you help us as a Connex Readycall Volunteer?

Volunteering is rewarding and fun! We rely on the kindness of our volunteers to help support people in their communities.

There are lots of different ways you can be involved and you can donate as many, or as few hours, as you wish.



It can be a means of using existing skills; developing new skills and meeting new people or even a route to future employment.

All volunteers receive out-of-pocket expenses, training and ongoing supervision and support from our friendly team.

## For more information:

To find out if we can help you, or if you're interested in volunteering, please get in touch.



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Connex Readycall Macmillan is a service operated by Connex Community Support.

**connex**  
Community Support

Registered Charity No.1067193

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**connex**  
> Readycall

**In the  
Northern  
Derbyshire  
Dales**



In partnership with

**MACMILLAN  
CANCER SUPPORT**

**Supporting you with  
befriending, shopping and  
practical help**

## Who we are

Connex Readycall provides befriending and practical support to people in the Northern Derbyshire Dales who are aged 60 and over, living with cancer or other life-limiting health conditions.

If you could use a little help, perhaps someone to call in for a cup of tea and a chat, or to help you with shopping, then please get in touch with us.



## How our volunteers can help you

All our volunteers provide companionship and support.

Someone from our friendly team of volunteers could:

- > Call in for a cup of tea and a chat
- > Accompany you on a local trip to a café, garden centre or similar
- > Help you with your shopping or prescription collection
- > Walk your dog occasionally whilst you are unwell or unable to get out
- > Provide you with subsidised transport to hospital for cancer-related appointments
- > Help with small practical tasks in the home



## Which areas do we cover in the Northern Dales?

Our Connex Readycall team covers an area from Cromford in the south and as far north as Hathersage, including Bakewell, Matlock and surrounding areas.

The map below gives an idea of the locations we can cover:

